



UPDATE



A Newsletter for Those Who Care

December 2009

A Word from the Interim Executive Director



By now you may have heard about our staff reductions. As of the end of October we eliminated five positions not related to client care. One of the affected staff members accepted another position at the Ridge, and we bid a sad farewell to five good friends. One thing that has changed is that Facility Managers are now doing their own shopping. Our FM's have more to do each week, but they also have more independence in their menus and in controlling cost. The entire staff is doing very well in making the necessary adjustments to our new reality. The reduction in staffing is helping us meet our bank's requirements for financial stability.

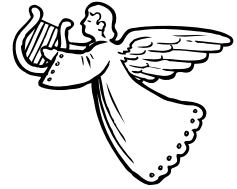
Our Love Walk was very successful: we exceeded our fund-raising goal, we had more participants than last year, and everyone had a very good time! It was good to see many of you on that day.

I have been promoting Peppermint Ridge by speaking at churches (and a regional church gathering) and meeting with donors and potential donors. I am finding that our financial needs can be easily expressed on a per-client basis: The Peppermint Ridge level of care requires about \$7,000 per client each year. Thank you to Family and Friends for your support, including your generous gift to provide furnishings and other needed items for Dudley Home, as well as your recent gift to provide medical supplies.

Rev. Audrey Turner
Interim Executive Director
951/273-7324



CYPRESS POINT



Happy Holiday's to all!

We would like to wish everyone a very special Holiday greeting. Thank you to all the staff in Cypress Home, who are very loving and do a great job in caring for our residents. Our residents have been busy attending all of The Ridge activities that they enjoy like Party Partners, Common Ground Birthday Celebration, and walking for health. They also attend Healthy Bodies, Healthy Lives @ the Inland Regional Center in San Bernardino. Some of the topics are Introduction and Learning to Set Boundaries, Healthy Life Style, and Sex and Sexuality.

In the Month of November, Peter celebrated his 50th and Bobby celebrated his 27th birthday. They enjoyed an evening at Shakey's Pizza Parlor with 30 of their closest friends from our Community Care homes. Thanks to Scott and Sharon Davis, for coming all the way from Daggett, CA to share in this special time with their son Bobby. Peter went to his brother's home with his parents Mr. & Mrs. Edmond and Margaret Vadnais for Thanksgiving. He will spend just under 2 weeks with his brothers and sisters in Rancho Mirage.

On December 5th Debbie will celebrate her birthday at a slumber party with eight of her best friends. Happy Birthday Debbie!

Cypress Point would like to take this time to thank Mr. & Mrs. Edmond and Margaret Vadnais for their continuous support. Your donations are well appreciated.



May the Lord Bless you and keep you. May his face shine on you, and give you peace.

Peter, Timothy, Bobby, Lucas, Debbie, Cindy

C-HOME



Hello Everyone!

Well, we've had some busy months! Halloween shopping, decorating, and just the fun of doing it all! Several of our client's went to the Halloween Warehouse, and got some really fun costumes. All of C-Home attended the Halloween party at Cypress Point. Mike J. was Popeye, Mike O. was a taco. He also won First place, at ARC Riverside Workshop. Missy S. was a bee and a cute one at that! They all had great costumes and had a lot of fun. They also went to The Ridge Halloween Party and had more fun! Some of our client's went out for breakfast and to the Corona Crossings for a festival. They bought and painted pumpkins and decorated them with Jessica, Staff Member.

Everyone attended the Love Walk and had a good time! Aside from attending all The Ridge activities, going to Shakey's Pizza for Bobby's birthday party and having a good time, the Residents also attended Stress Management, Fitness Group, walking around The Ridge for exercise, attending the gym - -Fitness 19, one to two times a week. We've been busy!

Mike O. flew to Las Vegas to meet his parents for the Thanksgiving holiday. All the clients had a great Thanksgiving lunch here at The Ridge. All the staff working together made it a nicer holiday for all the clients. Sharon D.'s family came to see her, she was very happy.

Now the excitement of Christmas is in the air and they're already asking when we are going to start decorating and change the bulletin boards... We continue to appreciate all the families that support us with their donations. We thank you much and you're all So Great!!

Thank You!

Yours truly, C-Home



STAFF DEVELOPMENT



Seasons Greetings To All,

Below are the topics covered in staff trainings here at The Ridge:

- Reporting Incidents & Proper Completion of Incident Reports presented by Kim Smalley
- Emergency Preparedness presented by Inland Regional Center's staff members

Thanks, Kim Smalley
Staff Development Coordinator



VILLA VADNAIS

It's that time again. We are getting ready for the holidays, going shopping at Wal-Mart, and Stater Bros.

We had a wonderful Thanksgiving lunch in Angel Hall. We have been very busy keeping up with the activities at The Ridge; Monday Night Fitness, Men's Group, Bingo, Stress Management, Boy Scout meetings, Common Ground Birthday Celebrations, Party Partners, Horseback Riding, and also The Love Walk, it was great!

We at Villa Vadnais would like to thank all of the Family & Friends for all of your donations and support. We also had dinner at Chick-fil-A, thanks to Patrick's family.

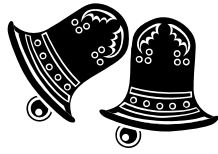
Thanks to everyone for the cans and bottles for our recycling project. And to Patrick's mom for the nice looking furniture.

Until Next time!!!

The Men at Villa Vadnais



ACTIVITIES



Happy Holidays! The Activities Department has been very busy! The Ridge's Halloween party was a spooktacular success; Thanksgiving Day at The Ridge was busy, fun and delicious. I would like to thank the volunteers from Administaff and Inland Empire Church of Christ for making the day a smashing success. Also, I would like to thank our wonderful volunteer from Common Ground Corona, Karen Alexander, for decorating Angel Hall for the holidays! The Ridge Christmas Party will be held on Saturday, December 19th. The community has really come together, donating time, food, beverages, and gifts!

Our regular activities continue: Boy Scouts, Peppermint Queens, Fitness Group, 100 Mile Club, Horseback Riding team, TRAP sessions, Stress Management, Chapel, games, and arts & craft nights... we are keeping busy. Here's to a prosperous 2010!

The Activities Department,
Colleen & Tom



DEL PARK MANOR

Dear Parents and Friends,

As we approach the end of the year, we had good days and not so good days. We also had some Ridge changes. However, our men are happy and healthy! Our staff is doing great. And we are adapting to all the new changes (even though it's challenging to grocery shop for 12 residents and 4 staff, three meals per day.) We give Thanks to God for our loving home! And to all our parents, friends and staff who continue to support our home!

Our men have been busy with many activities. They have been going out to local Christmas Tree Lighting Festivals! The next one will be Sunday the 6th, at the Corona Civic Center. Some of our men will attend the Crossroads Dinner and Dance on the 12th of December. The annual

Moose Lodge Christmas Party will be held on the same day too! So our men are all excited about all the holiday events.

On the 6th of December, Andrew, Raymond, Kevin, and Michael will participate in the horse show in Alta Loma. Colleen and Molly will be going with them.

We all participated in the "Love Walk" on November 14th. Thank you for all your donations to "Del Park Team"! Everyone did a great job!! Some of us old timers had a big surprise when "Stacy Kaiser" walked up to us and said Hello! I hadn't seen her since she moved away. (She worked here at the Ridge when I was hired.) Also, a dear friend, Nancy Newman (whose brother lived here). It was wonderful to see them!!

On Thanksgiving our men, who were home, enjoyed their turkey dinner in Angel Hall. Thanks to Colleen and her volunteers. Thank you very much!!

Our prayers and love go out to Mark H. who is at Vista Cove Center recovering from surgery.

We miss him very much and hope he will be home with us soon!! These last two months we have missed Cindy too, our QMRP/Administrator, we hope to see her soon!

All of us here at Del Park want to thank each and everyone who continues to support our home and staff funds! We couldn't do it without you!!

Wishing all our Families and Friends a Blessed Christmas!! And a Happy New Year!!

Love,



Del Park Manor Residents,
Staff and Stella

ROGER RESIDENCE

The hot, busy summer is now behind us. Thanksgiving has passed. We have expressed our gratitude for our many blessings and we are looking forward to the excitement of the joyous holiday season. It is the spirit of spreading good tidings that we at Roger Residence share with you the news of

the great things that have been happening at our home since our last update.

We will be celebrating our second annual banquet on December 17th at 4 pm.

We are so thankful for the generosity of our parents who are endlessly contributing to our home and staff fund. Our kitchen is finally in the process of getting a face lift! Thanks again to our parents. The kitchen should be done in approximately two weeks.

We are also thankful for the health of all of our clients. We have participated in many activities over the past few months. We also took several trips. On November 7th our residents enjoyed sailing at the Dana Point Harbor. It was a joy to see the thrill and excitement on John's face when he got a chance to help steer the boat. On November 14th, our residents joined the other Ridgers at Crossroads Church for the Love Walk. What a wonderful experience that was!

Our residents continue to attend the Baptist Church Services every Sunday and Stress Management every Wednesday. They also look forward to the last Monday of each month when Tom comes to the home to do activities with them. Over the last two months he taught them how to bake an apple pie, and made pumpkin burritos and Thanksgiving cards, just to name a few of the activities. Thank you Tom. Like the other Ridgers, our residents are really enjoying the 100 Mile walk. As of November, Mary walked 54 miles. Roger 30 miles, Laura 25, Max 15, Charlie 40 and John 35. We are proud of all our residents.

In the spirit of the season we at Roger Residence would like to express our gratitude to Colleen and the volunteers for the magnificent Thanksgiving Feast. Not only was the food great, but our residents were treated like royalty. We want to say a special thanks to Mrs. Hernadi and Mrs. Ring for their untiring support, especially for their contribution to The Love walk. A special thanks also to all the staff at Roger Residence who contributed to The Love Walk. Also to our long time supporter, Mr. Trenkle, we want to express our gratitude.

We would like to welcome Allissa, our new LVN to Roger Residence. We know that she will enjoy working with the residents.

We are looking forward to a pleasant holiday season and we trust that we all experience the fullness and prosperity of 2010. May your Christmas be filled with joy in God's love.



God Bless,
Roger Residence



GARRISON

Hello from Garrison,

Here are a few things we did this fall. For starters we went to the LA County Fair. We had a wonderful time. The sights, smells, and all around ambiance were awesome.

The advocacy meeting at The Ridge informed us on how to manage our finances.

All the witches and goblins were out on Halloween night.

November began with The Love Walk.

Wow! What a work out for us. But it was well worth it. We are always thankful to have family and staff who love and care for us.

We enjoyed each other's company this Thanksgiving. It's the small things that mean so much.

We saved the best for last.....we have a new addition to the Garrison family Veronica A. We are thrilled to have her.

Signing off,



Garrison Gang

ASPEN HOME



Happy Holidays to All,
With Christmas around the corner, Aspen residents are looking forward to all the Christmas parties they

will be attending and spending the holidays with family and friends. On Dec. 1st, Barbara Aranguren treated Aspen Home and staff to pizza at Graziano's Pizza for Tina A.'s birthday. She was so excited and everyone had a good time. Thank you Mrs. Aranguren!



Aspen residents will be going to Newport Beach Christmas Parade of Lights, the American Legion Christmas party, where they will be served lunch and a special gift. Also we will be attending Crossroads Christmas dinner and dance, where they can dance the night away with their peers and also have pictures taken with Santa Clause.

Aspen residents still continue to keep busy with all the activities Colleen provides for our Ridgers. Also they still go out shopping, going to the movies, out to eat either for lunch, dinner, or just for a snack.

Aspen girls will be going to a slumber party at Cypress Home for Debbie R.'s birthday on Dec. 5th. Happy Birthday!



Til next time,
Merry Christmas and Happy Holidays

Tina A., Tim, Mark, Dawn,
John & Tina P.



CONNER RESIDENCE

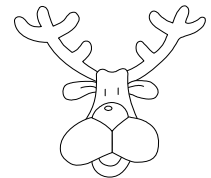
October got off to a good start. We went to the Disney Store, went for hair cuts and shopping at the Dollar Tree. Then it was off to go sailing at Dana Point. Everyone had a wonderful time. We went to the pumpkin patch where we saw animals. We also went to the recycling center. Then it was off to the horse ranch for horseback riding. Everyone had a great time. Everyone had the most fun at The Ridge Halloween party, where everyone had on their favorite costumes.

November went well. There were snacks at KFC. Stress Management is going well. We went to Stater Bros. for shopping, CVS Pharmacy and Wal-

Mart, where we looked at Christmas items. Then we went to Target and the Dollar Tree for shopping objectives. All our ladies had fun at Peppermint Queens, and all enjoyed singing. Our guys are really enjoying horseback riding and had a wonderful time this month. Everyone had lots of fun at the Love Walk and ate lunch there too. We had two birthdays this month; Faith M. on the 5th, and Joseph U. on the 10th. Happy Birthday to you both!

Everyone that was here really enjoyed the Thanksgiving feast in Angel Hall. Everyone had a wonderful Thanksgiving.

We are going into December and there are lots of fun filled activities in the planning. Everyone is looking forward to the Holiday season and all its festive activities to come.



Until Next Year,
Happy Holidays
Conner Home

FAMILIES AND FRIENDS

MERRY CHRISTMAS &
HAPPY NEW YEAR!!!

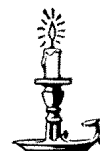
May all your Christmas dreams come true and may the New Year bring wonderful progress and success to all!

We are ending the year on a good note. The Ridge is doing better, calm and assurance has returned. 2010 will bring new challenges and Peppermint Ridge Family and Friends will join The Ridge and do the best we can to meet them.

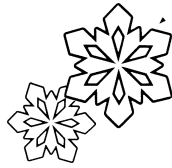
We will have our membership drive next month, be sure to sign up.

The next meeting will be February 13, 2010 at 11:00 a.m. in Angel Hall, so bring your favorite potluck dish and join us.

Bernice



MANDEL MANOR



Hello everyone from the wonderful Mandel Manor. We've been having a blast this fall. In September we kept busy with many activities at The Ridge and in our community. A few of the things we enjoyed were the C.S.I. dinner at Crossroads Church, where we got to do hands on crime fighting, and finding clues to solve a crime. Jeremy has learned to ride the Metrolink to visit his family and is proud of the skill he has learned. We have had many shopping trips to work on our budgeting skills; Dollar Tree, Target, and our favorite, Wal-Mart. We also love to share time with our Ridge family anytime we can so we attend Fitness Class, Stress Management, and parties hosted by the different homes. Thank you to C-Home for the B.B.Q. and to Cypress for the fantastic Halloween Party.

October was a whirl wind of costume hunting, and parties around every corner. We attended so many parties that our costumes were almost the only thing that we wore for the month! We hit all the hot party spots like Party Partners, Friendly Stars, The Ridge, and the Day Programs and we can't forget the Cypress Halloween Bash. We also went to the Crossroads Harvest Festival and even got some trick or treating in.

November was no less exciting with two of our clients having birthdays. Eddie's on the 9th and Jeremy's on the 28th. We also had the Thanksgiving dinner and dance at Friendly Stars, WOW what a feast!! Jeremy and Robbie went home to spend the holiday with their families and Eddie and Alan enjoyed the Holiday with their Ridge family. Thank you to Colleen for the wonderful Thanksgiving dinner you organized and to all those that helped her. Your Ridge family loves you for it! We are looking forward to a wonderful and blessed next few months, and want to tell everyone that we hope that all of your Christmas's are bright and full of love and laughter and that your New Year is full of promise and hope. Merry Christmas, Happy Hanukah, and a Happy New Year to all!!



We would like to take a moment to thank the parents that lovingly give to Mandel and its clients, so that we can live and do all the great stuff that we do. We want to thank the Mandel Family for their contribution to the Mandel Manor home fund. It will bless our home many times over; thank you again. We also want to thank the Dudley Family for the new Refrigerator. It's really nice and roomy. Last, but not by far the least, thank you to all the Mandel staff for making Mandel a *home* for our guys and not just someplace to live, without your love and support we would be nothing, keep up the great work!!!

Remember to love and support each other and the world is a brighter place!!!!



Until next newsletter,
All of us at The Mandel Manor

EVERGREEN ESTATES



Happy Holidays!

What a wonderful time of the year.

We have been to some interesting locations this quarter. We have been busy watching the little league baseball players at the park, and out to Dos Lagos for the Christmas tree lighting ceremony. We went to the apple orchards and to The Chinese Moon Festival in Riverside, Party Partners, Stress Management, Monday Night Fitness, and to Fairmont Park to feed the ducks. We watched the Sparkes practice at Centennial High School; what an opportunity that was. Everyone had a great time at the Annual Love Walk and the Halloween party was a blast. We also went to Dos Lagos for a concert that was being held there. We always enjoy Chapel and the Common Ground Birthday Parties.

We have had several birthdays this quarter. In October, Janet M., and in November, Todd P., Michael M., and Pricila L.

We would also like to take this opportunity to thank the Jaramillo Family for their most generous donation of office supplies and arts and crafts items as well as the nice book shelf. It is all greatly appreciated. We would also like to thank those of you who contributed to our Love Walk Team.

Thank you everyone for all that you do to keep The Ridge such a wondrous place for our residents and staff. It is such a joy to be a part of the growth of these amazing people.

Hoping your Holidays are as wondrous as ours is,

Evergreen Estates



WYNN HOME

Hello Friends and Family,

November was a busy time for us. We spent a weekend at Disneyland and spent two nights at the Grand California Hotel and visited both parks. Thanksgiving was a busy time too. John W. spent time in Tucson with family and all the other residents visited family for Thanksgiving Dinner. December will be busy as well, with planned outings to Hollywood for "A Christmas Carol" at the El Capitan Theatre, dinner included! Wynn Home will attend a Christmas Dance and Dinner at Crossroads Church in December as well.

We are glad to announce the return of Joanne L. to Wynn Home after her stay at Vista Cove. Thank you for all your wonderful support at this year's Love Walk. We all had a great time with our friends and family.



Happy Holidays,
Wynn Home

HOME FUNDS

As of December 7, 2009

ACTIVITIES - for Ridgers	\$72.61
ASPEN Home Funds	\$240.75
C-HOME Home Funds	\$1,738.13
CYPRESS POINT Home Funds	\$14.58
MANDEL MANOR Home Funds	\$3,420.93
V.I.P./L.I.F.E. Supported Living Services Program	\$1,077.21
CONNER Home Funds	\$1,038.65
DEL PARK Home Funds	\$269.23
EVERGREEN Home Funds	\$4,158.63
GARRISON Home Funds	\$1,527.15
ROGER RESIDENCE Home Funds	\$4,012.43
VILLA VADNAIS Home Funds	\$1,055.14
WYNN Home Funds	\$1,126.85



Love Walk Hits its Stride in 2009!

- 350 walked... more were from the Community
- 107 kids walked from the 100 Mile Fitness Program - administered through the Corona elementary schools
- 28 companies sponsored
- 237 people donated to the event
- 107 people registered online
- \$6,139 in support was raised by staff members
- \$26,000 was raised in cash and \$4,000 was raised in in-kind support



**Peppermint
Ridge**



Peppermint Ridge
825 Magnolia Avenue
Corona, CA 92879-3129

